

# 104

Daily

## Manor Park - Upton Park - Stratford



ZONE 4 (5,6) PASS ZONE 3

### Monday - Friday

Manor Park Station	---	---	---	0627	---	---	0703	---	0727	0739	0752	0804	0814	0824	0838	0852	0907	0922
East Ham Station	---	---	0617	0632	0645	0657	0708	0721	0733	0745	0800	0812	0822	0832	0846	0900	0915	0930
East Ham Newham Town Hall	---	0552	0622	0637	0650	0702	0713	0726	0738	0751	0806	0818	0828	0838	0852	0906	0921	0936
Lonsdale Avenue Hatherley Gardens	---	0558	0628	0643	0656	0708	0721	0734	0746	0800	0815	0827	0837	0847	0901	0915	0930	0945
Upton Park Boleyn	---	0601	0631	0646	0659	0711	0724	0737	0749	0804	0819	0831	0841	0851	0905	0919	0934	0948
Plashet Road Green Street	0533a	0604	0634	0649	0702	0714	0727	0740	0754	0809	0824	0836	0846	0856	0910	0924	0939	0953
Stratford Bus Station	0543	0613	0643	0658	0711	0724	0739	0753	0807	0822	0837	0849	0859	0909	0923	0937	0951	1005

Manor Park Station	0937	0952	Then	07 22 37 52			1407	1422	1438	1453	1507	Then	22 37 52 07				1822
East Ham Station	0946	1001	every	16 31 46 01	u		1416	1431	1447	1502	1517	every	32 47 02 17	u			1832
East Ham Newham Town Hall	0952	1007	15 minutes	22 37 52 07	n		1422	1437	1453	1508	1523	15 minutes	38 53 08 23	n			1838
Lonsdale Avenue Hatherley Gardens	1000	1015	at these	30 45 00 15	t		1430	1445	1501	1517	1532	at these	47 02 17 32	t			1847
Upton Park Boleyn	1003	1018	minutes	33 48 03 18	i		1433	1448	1504	1520	1535	minutes	50 05 20 35	i			1850
Plashet Road Green Street	1008	1023	past the	38 53 08 23	l		1438	1453	1508	1523	1538	past the	53 08 23 38	l			1853
Stratford Bus Station	1020	1035	hour	50 05 20 35			1450	1505	1519	1534	1549	hour	04 19 34 49				1904

Manor Park Station	1837	1857	1917	1939	2001	2022	2043	2103	2123	2143	2203	2223	2243	2303	2323	2348		
East Ham Station	1847	1907	1925	1946	2008	2028	2048	2108	2128	2148	2208	2228	2248	2308	2328	2353		
East Ham Newham Town Hall	1853	1913	1930	1951	2013	2033	2053	2113	2133	2153	2213	2233	2253	2313	2333	2358		
Lonsdale Avenue Hatherley Gardens	1902	1920	1937	1958	2019	2039	2059	2119	2139	2159	2219	2239	2259	2319	2339	0004		
Upton Park Boleyn	1905	1923	1940	2001	2022	2042	2102	2122	2142	2202	2222	2242	2302	2322	2342	0007		
Plashet Road Green Street	1908	1926	1943	2004	2025	2045	2105	2125	2145	2205	2225	2245	2305	2325	2345	---		
Stratford Bus Station	1919	1936	1953	2014	2035	2055	2115	2135	2155	2215	2235	2255	2314	2334	2354	---		

### Saturday

Manor Park Station	---	---	---	0628	0646	0706	0726	0746	0806	0826	---	0850	0905	---	0920	0935	---	0951
East Ham Station	---	---	0617	0633	0651	0711	0731	0751	0811	0831	---	0855	0910	---	0928	0943	---	1001
East Ham Newham Town Hall	---	0553	0621	0638	0656	0716	0736	0756	0816	0836	0848	0900	0915	0925	0933	0948	0958	1009
Lonsdale Avenue Hatherley Gardens	---	0559	0627	0644	0703	0723	0743	0803	0823	0843	0855	0907	0922	0932	0941	0955	1005	1017
Upton Park Boleyn	---	0602	0630	0647	0706	0726	0746	0806	0826	0846	0858	0910	0925	0935	0944	0959	1009	1021
Plashet Road Green Street	0533a	0604	0632	0650	0709	0729	0749	0809	0829	0849	0901	0913	0928	0938	0947	1002	1014	1026
Stratford Bus Station	0543	0613	0641	0659	0719	0739	0759	0819	0839	0859	0912	0924	0939	0949	0959	1014	1028	1040

Manor Park Station	1007	1022	1037	1052	Then	07 22 37 52					1707	1722	1740	1759	1817	1825	1840	1850
East Ham Station	1017	1032	1047	1102	every	17 32 47 02					1717	1732	1750	1809	1827	1834	1848	1858
East Ham Newham Town Hall	1025	1040	1055	1110	15 minutes	25 40 55 10					1725	1740	1758	1814	1832	1839	1853	1903
Lonsdale Avenue Hatherley Gardens	1033	1048	1103	1118	at these	33 48 03 18			until		1733	1748	1806	1822	1838	1845	1859	G
Upton Park Boleyn	1037	1052	1107	1122	minutes	37 52 07 22					1737	1752	1809	1825	1842	1848	1902	---
Plashet Road Green Street	1042	1057	1112	1127	past the	42 57 12 27					1742	1757	1813	1829	1846	---	1905	---
Stratford Bus Station	1056	1111	1126	1141	hour	56 11 26 41					1756	1811	1826	1841	1857	---	1915	---

Manor Park Station	1903			23 43 03			2223	2243	2303	2323	2348							
East Ham Station	1908	Then every		28 48 08			2228	2248	2308	2328	2353							
East Ham Newham Town Hall	1913	20 minutes		33 53 13			2233	2253	2313	2333	2358							
Lonsdale Avenue Hatherley Gardens	1919	at these		39 59 19	until		2239	2259	2319	2339	0004							
Upton Park Boleyn	1922	minutes past		42 02 22			2242	2302	2322	2342	0007							
Plashet Road Green Street	1925	the hour		45 05 25			2245	2305	2325	2345	---							
Stratford Bus Station	1935			55 15 35			2255	2314	2334	2354	---							

### Sunday and Public Holidays

Manor Park Station	---	---	0844	---	0916	0936	0956	1016	1033	1053			13 33 53				1713	1728
East Ham Station	0734	0829	0849	0905	0921	0941	1001	1021	1041	1101	Then every		21 41 01				1721	1734
East Ham Newham Town Hall	0738	0833	0853	0909	0926	0946	1006	1026	1046	1106	20 minutes		26 46 06				1726	1739
Lonsdale Avenue Hatherley Gardens	0744	0839	0859	0915	0932	0952	1012	1032	1052	1112	at these		32 52 12	until			1732	1745
Upton Park Boleyn	0747	0842	0902	0918	0936	0956	1016	1036	1056	1116	minutes past		36 56 16				1736	1748
Plashet Road Green Street	0749	0844	0904	0924	0944	1004	1024	1044	1104	1124	the hour		44 04 24				1744	---
Stratford Bus Station	0758	0853	0913	0934	0955	1015	1035	1055	1115	1135			55 15 35				1755	---

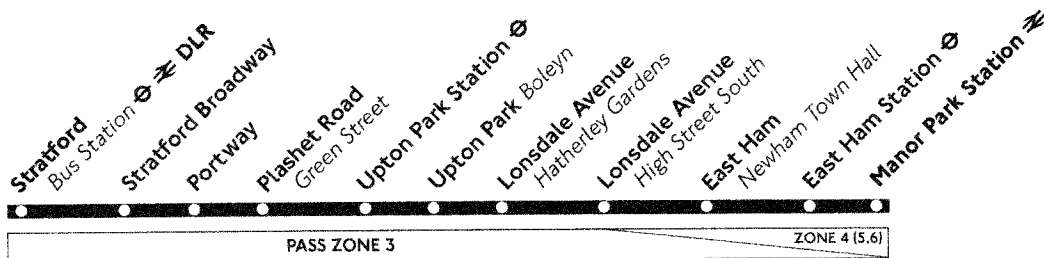
Manor Park Station	1743	1803		23 43 03			2223	2243	2303	2323	2348							
East Ham Station	1748	1808	Then every	28 48 08			2228	2248	2308	2328	2353							
East Ham Newham Town Hall	1753	1813	20 minutes	33 53 13			2233	2253	2313	2333	2358							
Lonsdale Avenue Hatherley Gardens	1759	1819	at these	39 59 19	until		2239	2259	2319	2339	0004							
Upton Park Boleyn	1802	1822	minutes past	42 02 22			2242	2302	2322	2342	0007							
Plashet Road Green Street	1805	1825	the hour	45 05 25			2245	2305	2325	2345	---							
Stratford Bus Station	1815	1835		55 15 35			2255	2314	2334	2354	---							

a - Time at Upton Park Station G - Continues to Upton Park Garage via Barking Road

# 104

## Stratford - Upton Park - Manor Park

Daily



### Monday - Friday

Stratford Bus Station ⇄ DLR	0549	0624	---	0654	0709	0723	0737	0751	0805	0820	0834	0849	0903	0908	0917	0932	0947	1002
Plashet Road Green Street	0558	0633	---	0703	0719	0733	0747	0802	0816	0831	0845	0900	0914	0919	0929	0944	0959	1014
Upton Park Boleyn	0602	0637	0654b	0709	0725	0739	0753	0808	0822	0837	0851	0906	0920	0925	0935	0950	1005	1020
Lonsdale Avenue Hatherley Gardens	0605	0640	0658	0712	0728	0742	0756	0811	0825	0840	0854	0909	0923	---	0938	0953	1008	1023
East Ham Newham Town Hall	0611	0646	0704	0721	0737	0751	0805	0820	0834	0849	0903	0918	0932	---	0947	1002	1017	1032
East Ham Station ⇄	0615	0650	0708	0726	0742	0757	0811	0826	0840	0855	0909	0924	0938	---	0953	1008	1023	1038
Manor Park Station ⇄	0621	0656	0714	0732	0749	0804	0818	0833	0847	0902	0916	0931	0946	---	1001	1016	1031	1046

Stratford Bus Station ⇄ DLR	1017	Then		32	47	02	17		1417	1430	1443	1456	Then	11	26	41	56	1811
Plashet Road Green Street	1029	every		44	59	14	29		1429	1442	1456	1511	every	26	41	56	11	1826
Upton Park Boleyn	1035	15 minutes		50	05	20	35		1435	1448	1502	1517	15 minutes	32	47	02	17	1832
Lonsdale Avenue Hatherley Gardens	1038	at these		53	08	23	38	until	1438	1451	1506	1521	at these	36	51	06	21	1836
East Ham Newham Town Hall	1047	minutes		02	17	32	47		1447	1500	1515	1530	minutes	45	00	15	30	1845
East Ham Station ⇄	1053	past the		08	23	38	53		1453	1507	1522	1537	past the	52	07	22	37	1852
Manor Park Station ⇄	1101	hour		16	31	46	01		1501	1516	1531	1546	hour	01	16	31	46	1901

Stratford Bus Station ⇄ DLR	1826	1841	1858	1918	1938	1959	2021	2041	2101	2121	2141	2201	2221	2241	2301	2321	2346	0011
Plashet Road Green Street	1841	1856	1913	1929	1949	2010	2031	2051	2111	2131	2151	2211	2231	2251	2310	2330	2355	0020
Upton Park Boleyn	1847	1902	1919	1934	1954	2015	2035	2055	2115	2135	2155	2215	2235	2255	2314	2334	2359	0024
Lonsdale Avenue Hatherley Gardens	1851	1906	1922	1937	1957	2018	2038	2058	2118	2138	2158	2218	2238	2258	2317	2337	0002	0027
East Ham Newham Town Hall	1900	1915	1930	1944	2004	2024	2044	2104	2124	2144	2204	2224	2244	2304	2323	2343	0008	0033
East Ham Station ⇄	1906	1921	1936	1950	2010	2029	2049	2109	2129	2149	2209	2229	2249	2308	2327	2347	0012	---
Manor Park Station ⇄	1914	1928	1942	1956	2016	2035	2055	2115	2135	2155	2215	2235	2255	2314	2333	2353	---	---

### Saturday

Stratford Bus Station ⇄ DLR	0549	0619	0647	0707	0727	0747	0807	0827	0847	0905	0920	0935	0947	0959	1011	1026	1041	1056
Plashet Road Green Street	0558	0628	0657	0717	0737	0757	0817	0837	0857	0915	0930	0945	0958	1010	1025	1040	1055	1110
Upton Park Boleyn	0601	0631	0700	0720	0740	0800	0820	0840	0900	0919	0934	0949	1002	1016	1031	1046	1101	1116
Lonsdale Avenue Hatherley Gardens	0604	0634	0703	0723	0743	0803	0823	0843	0903	0922	0937	0952	1006	1020	1035	1050	1105	1120
East Ham Newham Town Hall	0610	0640	0709	0729	0749	0809	0829	0849	0909	0929	0944	0959	1014	1029	1044	1059	1114	1129
East Ham Station ⇄	0614	0644	0714	0734	0754	0814	0834	0854	0914	0934	0950	1006	1022	1037	1052	1107	1122	1137
Manor Park Station ⇄	0620	0650	0720	0740	0800	0820	0840	0900	0922	0942	0958	1014	1030	1045	1100	1115	1130	1145

Stratford Bus Station ⇄ DLR	1111	1126	1141	1156	Then		11	26	41	56		1711	1726	1741	1756	1811	1826	1844	1849
Plashet Road Green Street	1125	1140	1155	1210	every		25	40	55	10		1725	1740	1755	1810	1824	1839	1857	1902
Upton Park Boleyn	1131	1146	1201	1216	15 minutes		31	46	01	16		1731	1746	1801	1816	1830	1844	1902	1906
Lonsdale Avenue Hatherley Gardens	1135	1150	1205	1220	at these		35	50	05	20	until	1735	1750	1805	1820	1834	1848	1905	---
East Ham Newham Town Hall	1144	1159	1214	1229	minutes		44	59	14	29		1744	1759	1814	1828	1842	1856	1911	---
East Ham Station ⇄	1152	1207	1222	1237	past the		52	07	22	37		1752	1807	1821	1834	1847	1901	1916	---
Manor Park Station ⇄	1200	1215	1230	1245	hour		00	15	30	45		1800	1814	1828	1841	1854	1907	1922	---

Stratford Bus Station ⇄ DLR	1903	1921	1941			01	21	41			2201	2221	2241	2301	2321	2346	0011
Plashet Road Green Street	1913	1931	1951	Then every		11	31	51			2211	2231	2251	2310	2330	2355	0020
Upton Park Boleyn	1917	1935	1955	20 minutes		15	35	55			2215	2235	2255	2314	2334	2359	0024
Lonsdale Avenue Hatherley Gardens	1920	1938	1958	at these		18	38	58	until		2218	2238	2258	2317	2337	0002	0027
East Ham Newham Town Hall	1926	1944	2004	minutes past		24	44	04			2224	2244	2304	2323	2343	0008	0033
East Ham Station ⇄	1931	1949	2009	the hour		29	49	09			2229	2249	2308	2327	2347	0012	---
Manor Park Station ⇄	1937	1955	2015			35	55	15			2235	2255	2314	2333	2353	---	---

### Sunday and Public Holidays

Stratford Bus Station ⇄ DLR	0809	0859	0923	0943	---	1001	1021	1041			01	21	41			1601	1621	1641	1701
Plashet Road Green Street	0817	0907	0931	0951	---	1013	1033	1053	Then every		13	33	53			1613	1633	1653	1713
Upton Park Boleyn	0819	0909	0933	0953	1009b	1021	1041	1101	20 minutes		21	41	01			1621	1641	1701	1718
Lonsdale Avenue Hatherley Gardens	0822	0912	0936	0956	1013	1024	1044	1104	at these		24	44	04	until		1624	1644	1704	1721
East Ham Newham Town Hall	0827	0917	0941	1001	1018	1031	1051	1111	minutes past		31	51	11			1631	1651	1711	1727
East Ham Station ⇄	0831	0921	0945	1005	1022	1037	1057	1117	the hour		37	57	17			1637	1657	1716	1732
Manor Park Station ⇄	0837	0927	0951	1011	1028	1045	1105	1125			45	05	25			1645	1705	1722	1738

Stratford Bus Station ⇄ DLR	1721	1741			01	21	41				2201	2221	2241	2301	2321	2346	0011
Plashet Road Green Street	1732	1751	Then every		11	31	51				2211	2231	2251	2310	2330	2355	0020
Upton Park Boleyn	1736	1755	20 minutes		15	35	55				2215	2235	2255	2314	2334	2359	0024
Lonsdale Avenue Hatherley Gardens	1739	1758	at these		18	38	58	until			2218	2238	2258	2317	2337	0002	0027
East Ham Newham Town Hall	1745	1804	minutes past		24	44	04				2224	2244	2304	2323	2343	0008	0033
East Ham Station ⇄	1750	1809	the hour		29	49	09				2229	2249	2308	2327	2347	0012	---
Manor Park Station ⇄	1756	1815			35	55	15				2235	2255	2314	2333	2353	---	---

b - Time at Upton Park Redclyffe Road