

# 104

## Stratford – Upton Park – Manor Park

Daily



### Mondays to Fridays

Stratford Bus Station ⇄ DLR	0548	0623	...	0653	0707	0721	0735	0750	0805	0820	0834	0849	0903	0908	0917	0932	0947	1002
Plashet Road Green Street	0558	0633	...	0703	0717	0731	0746	0801	0816	0831	0845	0900	0914	0919	0928	0943	0958	1013
Upton Park Boleyn	0601	0636	0652b	0706	0720	0734	0749	0804	0819	0834	0848	0903	0917	0922	0932	0947	1002	1017
Lonsdale Avenue Hatherley Gardens	0604	0639	0656	0709	0723	0737	0752	0807	0822	0837	0851	0906	0920	...	0935	0950	1005	1020
East Ham Newham Town Hall	0610	0645	0702	0716	0732	0745	0801	0816	0831	0846	0900	0915	0929	...	0944	0959	1014	1029
East Ham Station	0615	0650	0707	0722	0738	0752	0807	0822	0837	0852	0906	0921	0935	...	0950	1005	1020	1035
Manor Park Station ⇄	0620	0655	0712	0727	0745	0759	0814	0829	0844	0859	0913	0928	0943	...	0958	1013	1028	1043

Stratford Bus Station ⇄ DLR	1017	Then	32	47	02	17	1432	1447	1501	1515	1529	1542	Then	57	12	27	42	1757
Plashet Road Green Street	1028	every	43	58	13	28	U 1443	1458	1512	1527	1542	1557	every	12	27	42	57	U 1812
Upton Park Boleyn	1032	15 minutes	47	02	17	32	n 1447	1502	1516	1531	1546	1601	15 minutes	16	31	46	01	n 1816
Lonsdale Avenue Hatherley Gardens	1035	at these	50	05	20	35	t 1450	1505	1519	1535	1550	1605	at these	20	35	50	05	t 1820
East Ham Newham Town Hall	1044	minutes	59	14	29	44	i 1459	1514	1528	1544	1559	1614	minutes	29	44	59	14	i 1829
East Ham Station	1050	past the	05	20	35	50	l 1505	1520	1534	1550	1605	1620	past the	35	50	05	20	l 1835
Manor Park Station ⇄	1058	hour	13	28	43	58	1513	1528	1543	1559	1614	1629	hour	44	59	14	29	1844

Stratford Bus Station ⇄ DLR	1812	1827	1843	1900	1909	1924	1944	2004	2024	2044	2104	2128	2153	2218	2242	2308	2331	2356
Plashet Road Green Street	1827	1842	1857	1913	1922	1935	1955	2015	2035	2055	2115	2139	2203	2228	2252	2318	2341	0006
Upton Park Boleyn	1831	1846	1900	1916	1925	1938	1958	2018	2038	2058	2118	2142	2206	2231	2255	2321	2344	0009
Lonsdale Avenue Hatherley Gardens	1834	1849	1903	1919	...	1941	2001	2021	2041	2101	2121	2145	2209	2234	2258	2324	2347	0012
East Ham Newham Town Hall	1842	1857	1911	1925	...	1947	2007	2027	2047	2107	2126	2150	2214	2239	2303	2329	2352	0017
East Ham Station	1847	1902	1916	1930	...	1952	2012	2032	2052	2112	2131	2155	2219	2244	2308	2334	2357	...
Manor Park Station ⇄	1856	1911	1924	1937	...	1959	2018	2038	2058	2118	2137	2201	2225	2250	2314	2340	...	...

### Saturdays

Stratford Bus Station ⇄ DLR	0548	0618	0648	0708	0728	0748	0808	0828	0846	0903	0917	0933	0946	0958	1011	1026	1041	1056
Plashet Road Green Street	0558	0628	0658	0718	0738	0758	0818	0838	0856	0913	0927	0943	0958	1012	1025	1040	1055	1110
Upton Park Boleyn	0601	0631	0701	0721	0741	0801	0821	0841	0859	0916	0930	0946	1002	1016	1031	1046	1101	1116
Lonsdale Avenue Hatherley Gardens	0604	0634	0704	0724	0744	0804	0824	0844	0902	0919	0933	0949	1005	1020	1035	1050	1105	1120
East Ham Newham Town Hall	0609	0639	0709	0729	0749	0809	0829	0849	0907	0926	0940	0956	1012	1029	1044	1059	1114	1129
East Ham Station	0614	0644	0714	0734	0754	0814	0834	0854	0912	0931	0945	1003	1020	1037	1052	1107	1122	1137
Manor Park Station ⇄	0620	0650	0720	0740	0800	0820	0840	0900	0920	0939	0953	1011	1028	1045	1100	1115	1130	1145

Stratford Bus Station ⇄ DLR	1111	Then	26	41	56	11	1656	1713	1731	1746	1757	1807	1822	1842	1848	1902	1924
Plashet Road Green Street	1125	every	40	55	10	25	1710	1727	1745	1800	1811	1820	1835	1855	1901	1914	1934
Upton Park Boleyn	1131	15 minutes	46	01	16	31	1716	1733	1751	1806	1815	1823	1838	1858	1904	1917	1937
Lonsdale Avenue Hatherley Gardens	1135	at these	50	05	20	35	Until 1720	1737	1755	1809	...	1826	1841	1901	...	1920	1940
East Ham Newham Town Hall	1144	minutes	59	14	29	44	1729	1746	1803	1818	...	1834	1849	1909	...	1927	1945
East Ham Station	1152	past the	07	22	37	52	1737	1754	1809	1824	...	1839	1854	1914	...	1932	1950
Manor Park Station ⇄	1200	hour	15	30	45	00	1745	1801	1816	1831	...	1846	1901	1920	...	1938	1956

Stratford Bus Station ⇄ DLR	1944	2004	2024	2044	2104	2128	2153	2218	2242	2308	2331	2356						
Plashet Road Green Street	1954	2014	2034	2054	2114	2138	2203	2228	2252	2318	2341	0006						
Upton Park Boleyn	1957	2017	2037	2057	2117	2141	2206	2231	2255	2321	2344	0009						
Lonsdale Avenue Hatherley Gardens	2000	2020	2040	2100	2120	2144	2209	2234	2258	2324	2347	0012						
East Ham Newham Town Hall	2005	2025	2045	2105	2125	2149	2214	2239	2303	2329	2352	0017						
East Ham Station	2010	2030	2050	2110	2130	2154	2219	2244	2308	2334	2357	...						
Manor Park Station ⇄	2016	2036	2056	2116	2136	2200	2225	2250	2314	2340	...	...						

### Sundays and Public Holidays

Stratford Bus Station ⇄ DLR	0803	0858	0928	0953	1018	Then	38	58	18	1818	1842			2242	2308	2331	2356
Plashet Road Green Street	0812	0907	0937	1002	1027	every	48	08	28	1828	1852	Then	2252	2318	2341	0006	
Upton Park Boleyn	0814	0909	0939	1004	1029	20 minutes	51	11	31	1831	1855	every	2255	2321	2344	0009	
Lonsdale Avenue Hatherley Gardens	0817	0912	0942	1007	1032	at these	54	14	34	until 1834	1858	30	2258	2324	2347	0012	
East Ham Newham Town Hall	0822	0917	0947	1012	1037	minutes	59	19	39	1839	1903	minutes	2303	2329	2352	0017	
East Ham Station	0826	0921	0951	1016	1042	past the	04	24	44	1844	1908	until	2308	2334	2357	...	
Manor Park Station ⇄	...	...	0957	1022	1048	hour	10	30	50	1850	1914		2314	2340	...	...	

b -- Time at Upton Park Redclyffe Road

We do all we can to run the services shown but circumstances beyond our control mean that we may not always succeed. Special services run during the Christmas and New Year Holiday, with no buses on Christmas Day.

Operated by Stagecoach East London for London Transport Buses



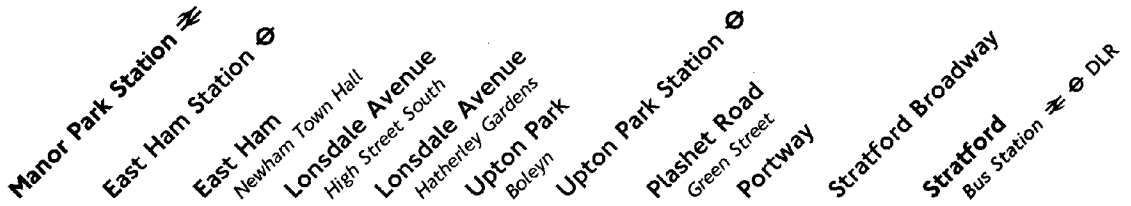
If you have any comments regarding this service, please contact Customer Service Centre, London Transport Buses, 55 Broadway, London SW1H 0BD Telephone: 0171-918 4300.

**London Travel Information**  
0171-222 1234 (24 hours)

# 104

## Manor Park – Upton Park – Stratford

Daily



ZONE 4(5/6)

ZONE 3

### Mondays to Fridays

Manor Park Station ⇌	...	...	...	0625	...	...	0700	...	0726	0739	0752	0802	0812	0822	0837	0852	0907	0922	
East Ham Station ⊕	...	...	0616	0631	0648	...	0706	0720	0732	0747	0800	0810	0820	0830	0845	0900	0915	0930	
East Ham Newham Town Hall	...	0551	0621	0636	0653	0659	0711	0725	0738	0753	0806	0816	0826	0836	0851	0906	0921	0936	
Lonsdale Avenue Hatherley Gardens	...	0558	0628	0643	0700	0706	0719	0733	0747	0802	0815	0825	0835	0845	0900	0915	0930	0944	
Upton Park Boleyn	...	0601	0631	0646	0703	0709	0722	0736	0751	0806	0819	0829	0839	0849	0904	0919	0934	0947	
Plashet Road Green Street	...	0533a	0604	0634	0649	0706	0712	0726	0740	0755	0810	0823	0833	0843	0853	0908	0923	0938	0951
Stratford Bus Station ⇌ ⊕ DLR	0543	0613	0643	0658	0715	0727	0741	0756	0811	0826	0839	0849	0859	0909	0924	0939	0951	1004	

Manor Park Station ⇌	0937	Then	52	07	22	37	...	1522	1537	1553	Then	08	23	38	53	...	1753	1808
East Ham Station ⊕	0946	every	01	16	31	46	...	1531	1547	1603	every	18	33	48	03	...	1803	1818
East Ham Newham Town Hall	0952	15 minutes	07	22	37	52	...	1537	1553	1609	15 minutes	24	39	54	09	...	1809	1824
Lonsdale Avenue Hatherley Gardens	1000	at these	15	30	45	00	until	1546	1602	1618	at these	33	48	03	18	until	1818	1833
Upton Park Boleyn	1003	minutes	18	33	48	03	...	1549	1605	1621	minutes	36	51	06	21	...	1821	1836
Plashet Road Green Street	1007	past the	22	37	52	07	...	1552	1608	1624	past the	39	54	09	24	...	1824	1839
Stratford Bus Station ⇌ ⊕ DLR	1020	hour	35	50	05	20	...	1605	1621	1637	hour	52	07	22	37	...	1837	1849

Manor Park Station ⇌	1824	1841	1858	1908	1921	1929	1942	2004	2024	2044	2104	2123	2142	2206	2230	2255	2320	2348
East Ham Station ⊕	1834	1849	1906	1916	1929	1937	1950	2011	2031	2051	2111	2128	2147	2211	2235	2300	2325	2353
East Ham Newham Town Hall	1840	1855	1912	1922	1935	1943	1956	2016	2036	2056	2116	2133	2152	2216	2240	2305	2330	2358
Lonsdale Avenue Hatherley Gardens	1848	1903	1920	1929	1942	1950	2003	2023	2043	2103	2123	2139	2158	2222	2246	2311	2336	0004
Upton Park Boleyn	1851	1906	1923	1932	1945	1953	2006	2026	2046	2106	2126	2142	2201	2225	2249	2314	2339	0007
Plashet Road Green Street	1854	1909	1926	...	1948	...	2009	2029	2049	2109	2129	2145	2204	2228	2252	2317	2342	...
Stratford Bus Station ⇌ ⊕ DLR	1904	1919	1936	...	1958	...	2019	2039	2059	2119	2139	2154	2213	2237	2301	2326	2351	...

### Saturdays

Manor Park Station ⇌	...	...	...	0628	...	...	0703	0726	0746	0806	0826	...	0850	0905	...	0919	0933	...	0950
East Ham Station ⊕	...	...	0617	0633	0651	0708	0731	0751	0811	0831	...	0855	0910	...	0927	0941	...	0958	
East Ham Newham Town Hall	...	0553	0621	0638	0656	0713	0736	0756	0816	0836	0848	0900	0915	0926	0932	0946	0955	1006	
Lonsdale Avenue Hatherley Gardens	...	0559	0627	0644	0702	0720	0743	0803	0823	0843	0855	0907	0922	0933	0940	0954	1003	1014	
Upton Park Boleyn	...	0602	0630	0647	0705	0723	0746	0806	0826	0846	0858	0910	0925	0936	0943	0958	1007	1018	
Plashet Road Green Street	...	0533a	0604	0632	0650	0708	0726	0749	0809	0829	0849	0901	0913	0928	0939	0946	1001	1012	1023
Stratford Bus Station ⇌ ⊕ DLR	0543	0613	0641	0659	0717	0735	0758	0818	0838	0858	0911	0924	0939	0950	0959	1014	1026	1037	

Manor Park Station ⇌	1004	1022	Then	37	52	07	22	...	1707	1722	1741	1759	1817	1825	1841	1856	1904	1924
East Ham Station ⊕	1013	1032	every	47	02	17	32	...	1717	1732	1751	1808	1825	1832	1848	1903	1909	1929
East Ham Newham Town Hall	1021	1040	15 minutes	55	10	25	40	...	1725	1740	1759	1813	1830	1837	1853	1908	1914	1934
Lonsdale Avenue Hatherley Gardens	1029	1048	at these	03	18	33	48	until	1733	1748	1805	1819	1836	1843	1859	...	1920	1940
Upton Park Boleyn	1033	1052	minutes	07	22	37	52	...	1737	1752	1808	1822	1839	1846	1902	...	1923	1943
Plashet Road Green Street	1038	1057	past the	12	27	42	57	...	1742	1755	1811	1825	1842	...	1905	...	1926	1946
Stratford Bus Station ⇌ ⊕ DLR	1052	1111	hour	26	41	56	11	...	1756	1805	1821	1835	1852	...	1915	...	1935	1955

Manor Park Station ⇌	1944	2004	2024	2044	2104	2123	2142	2206	2230	2255	2320	2348	...	...	...	...	...	...	...
East Ham Station ⊕	1949	2009	2029	2049	2109	2128	2147	2211	2235	2300	2325	2353	...	...	...	...	...	...	...
East Ham Newham Town Hall	1954	2014	2034	2054	2114	2133	2152	2216	2240	2305	2330	2358	...	...	...	...	...	...	...
Lonsdale Avenue Hatherley Gardens	2000	2020	2040	2100	2120	2139	2158	2222	2246	2311	2336	0004	...	...	...	...	...	...	...
Upton Park Boleyn	2003	2023	2043	2103	2123	2142	2201	2225	2249	2314	2339	0007	...	...	...	...	...	...	...
Plashet Road Green Street	2006	2026	2046	2106	2126	2145	2204	2228	2252	2317	2342	...	...	...	...	...	...	...	...
Stratford Bus Station ⇌ ⊕ DLR	2015	2035	2055	2115	2135	2154	2213	2237	2301	2326	2351	...	...	...	...	...	...	...	...

### Sundays and Public Holidays

Manor Park Station ⇌	...	...	0854	...	0944	1004	1024	1041	...	1921	1949	...	...	2249	2320	2348	...	...	...
East Ham Station ⊕	...	...	0832	0859	0926	0949	1009	1029	1046	Then	1926	1954	Then	2254	2325	2353	...	...	...
East Ham Newham Town Hall	...	0741	0836	0903	0930	0953	1013	1033	1051	every	1931	1959	every	2259	2330	2358	...	...	...
Lonsdale Avenue Hatherley Gardens	...	0747	0842	0909	0936	0959	1019	1039	1057	20	1937	2005	30	2305	2336	0004	...	...	...
Upton Park Boleyn	...	0750	0845	0912	0939	1002	1022	1042	1100	minutes	1940	2008	minutes	2308	2339	0007	...	...	...
Plashet Road Green Street	...	0752	0847	0914	0941	1004	1024	1044	1103	until	1943	2011	until	2311	2342	...	...	...	...
Stratford Bus Station ⇌ ⊕ DLR	...	0800	0855	0922	0949	1012	1032	1052	1112	...	1952	2020	...	2320	2351	...	...	...	...

a -- Time at Upton Park Station

We do all we can to run the services shown but circumstances beyond our control mean that we may not always succeed. Special services run during the Christmas and New Year Holiday, with no buses on Christmas Day.

Operated by **Stagecoach East London** for London Transport Buses



If you have any comments regarding this service, please contact Customer Service Centre, London Transport Buses, 55 Broadway, London SW1H 0BD  
Telephone: 0171-918 4300.

**London Travel Information**  
0171-222 1234 (24 hours)