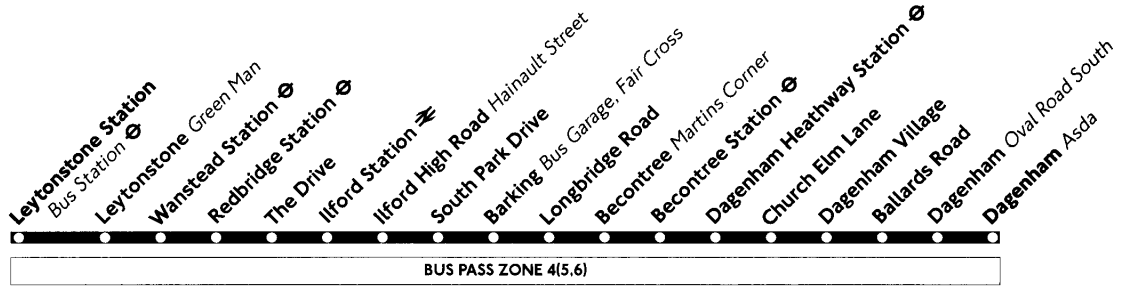




# 145

## Leytonstone - Ilford - Dagenham

Daily



### Mondays to Fridays

<b>Leytonstone Station</b> Bus Station ⊕	0515	0535	0555	0615	0630	0645	0656		1847	1902	1917	1933	1948	2003	2021	2038	2058
<b>Wanstead Station</b> ⊕	0522	0542	0602	0622	0637	0652	0703		1855	1910	1925	1940	1955	2010	2028	2045	2105
<b>Redbridge Station</b> ⊕	0525	0545	0605	0625	0640	0655	0706		1859	1914	1928	1943	1958	2013	2031	2048	2108
<b>Ilford Station</b> ⊕	0533	0553	0613	0633	0648	0703	0715	Then	1909	1924	1937	1951	2006	2021	2039	2056	2116
<b>Ilford High Road</b> Hainault Street	0537	0557	0617	0637	0652	0707	0719	about	1913	1928	1941	1955	2010	2025	2043	2100	2120
<b>Barking Bus Garage, Fair Cross</b>	0543	0603	0623	0643	0659	0714	0726	every	1921	1935	1948	2002	2017	2032	2050	2107	2127
<b>Becontree Martins Corner</b>	0549	0609	0629	0649	0705	0720	0732	12	1927	1941	1954	2008	2023	2038	2056	2113	2133
<b>Becontree Station</b> ⊕	0553	0613	0633	0653	0709	0724	0737	minutes	1932	1945	1958	2012	2027	2042	2100	2117	2137
<b>Dagenham Church Elm</b>	0557	0617	0637	0657	0713	0728	0742	until	1936	1948	2001	2015	2030	2045	2103	2120	2140
<b>Dagenham Village</b> Post Office	0600	0620	0640	0700	0716	0731	0745		1939	1951	2004	2018	2033	2048	2106	2123	2143
<b>Dagenham Oval Road South</b>	0604	0624	0644	0704	0721	0736	0750		1942	1955	2008	2022	2037	2052	2110	2127	2147
<b>Dagenham Asda</b>	0607	0627	0647	0707	0724	0739	0753		1946	1958	2011	2025	2040	2055	2113	2130	2150

### Saturdays (also Good Friday)

<b>Leytonstone Station</b> Bus Station ⊕	0519	0539	0559		19	39	59		0819	0834	0846	0858	0910		1849	1903	1918
<b>Wanstead Station</b> ⊕	0526	0546	0606	Then	26	46	06		0826	0841	0853	0905	0917		1856	1910	1925
<b>Redbridge Station</b> ⊕	0529	0549	0609	every	29	49	09		0829	0844	0856	0908	0920		1859	1913	1928
<b>Ilford Station</b> ⊕	0537	0557	0617	20	37	57	17		0837	0852	0904	0916	0928	Then	1907	1921	1936
<b>Ilford High Road</b> Hainault Street	0541	0601	0621	minutes,	41	01	21		0841	0856	0908	0920	0932	about	1911	1925	1940
<b>Barking Bus Garage, Fair Cross</b>	0547	0607	0627	at	47	07	27	until	0847	0902	0914	0928	0941	every	1918	1932	1947
<b>Becontree Martins Corner</b>	0553	0613	0633	these	53	13	33		0853	0908	0920	0934	0947	12	1924	1938	1953
<b>Becontree Station</b> ⊕	0557	0617	0637	minutes	57	17	37		0857	0912	0925	0939	0952	minutes	1928	1942	1957
<b>Dagenham Church Elm</b>	0600	0620	0640	past	00	20	40		0900	0915	0929	0943	0957	until	1931	1945	2000
<b>Dagenham Village</b> Post Office	0603	0623	0643	the	03	23	43		0903	0918	0932	0946	1000		1934	1948	2003
<b>Dagenham Oval Road South</b>	0607	0627	0647	hour	07	27	47		0907	0922	0936	0950	1004		1938	1952	2007
<b>Dagenham Asda</b>	0610	0630	0650		10	30	50		0910	0925	0940	0954	0108		1941	1955	2010

### Sundays and other Public Holidays

<b>Leytonstone Station</b> Bus Station ⊕	0758	0818	0838	0858	0918	0938	0958		18	38	58		1618	1638	1658	1718	1738	1758
<b>Wanstead Station</b> ⊕	0805	0825	0845	0905	0925	0946	1006	Then	26	46	06		1626	1646	1706	1725	1745	1805
<b>Redbridge Station</b> ⊕	0808	0828	0848	0908	0928	0950	1010	every	30	50	10		1630	1650	1710	1728	1748	1808
<b>Ilford Station</b> ⊕	0816	0836	0856	0916	0936	0959	1019	20	39	59	19		1639	1659	1719	1736	1756	1816
<b>Ilford High Road</b> Hainault Street	0820	0840	0900	0920	0941	1004	1024	minutes,	44	04	24		1644	1704	1723	1740	1800	1820
<b>Barking Bus Garage, Fair Cross</b>	0826	0846	0906	0926	0949	1012	1032	at	52	12	32	until	1652	1712	1730	1747	1807	1827
<b>Becontree Martins Corner</b>	0832	0852	0912	0932	0955	1018	1038	these	58	18	38		1658	1718	1736	1753	1813	1833
<b>Becontree Station</b> ⊕	0836	0856	0916	0936	0959	1022	1042	minutes	02	22	42		1702	1722	1740	1757	1817	1837
<b>Dagenham Church Elm</b>	0839	0859	0919	0940	1003	1026	1046	past	06	26	46		1706	1725	1743	1800	1820	1840
<b>Dagenham Village</b> Post Office	0842	0902	0922	0943	1006	1029	1049	the	09	29	49		1709	1728	1746	1803	1823	1843
<b>Dagenham Oval Road South</b>	0846	0906	0926	0947	1010	1033	1053	hour	13	33	53		1713	1732	1750	1807	1827	1847
<b>Dagenham Asda</b>	0849	0909	0929	0951	1014	1037	1057		17	37	57		1717	1735	1753	1810	1830	1850