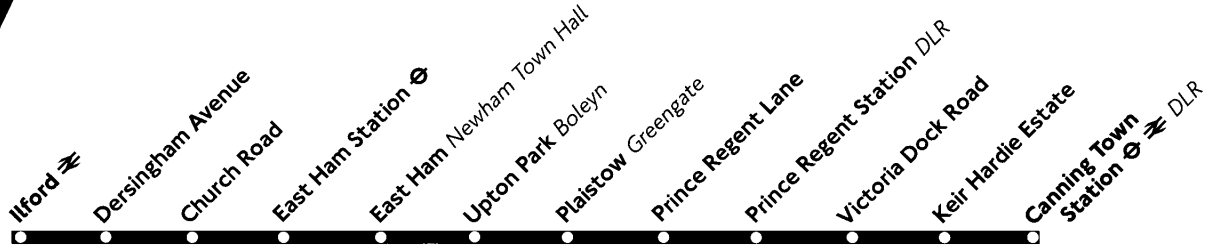


Daily



Monday - Friday

Ilford Hainault Street	0504	0524	0544	0604	0624		1837	1852	1907	1922	1937	1957		17	37	57	0017
Ilford Broadway High Road ⇌	0505	0525	0545	0605	0625		1839	1854	1909	1924	1939	1959	<i>Then</i>	19	39	59	0019
Church Road Little Ilford Lane	0513	0533	0553	0613	0633	<i>Then</i>	1849	1902	1917	1932	1947	2006	<i>every</i>	26	46	06	0026
East Ham Station ⇌	0518	0538	0558	0618	0638	<i>about</i>	1856	1909	1924	1939	1954	2012	<i>20 minutes,</i>	32	52	12	0032
East Ham Ron Leighton Way	0521	0541	0601	0621	0641	<i>every</i>	1900	1913	1928	1943	1958	2015	<i>at these</i>	35	55	15	<i>until</i> 0035
Upton Park Boleyn	0525	0545	0605	0625	0645	<i>10</i>	1906	1919	1934	1949	2003	2020	<i>minutes</i>	40	00	20	0040
Plaistow Greengate	0529	0549	0609	0629	0649	<i>mins</i>	1910	1923	1938	1953	2007	2024	<i>past</i>	44	04	24	0044
Prince Regent Station DLR	0536	0556	0616	0636	0656	<i>until</i>	1919	1932	1947	2002	2013	2030	<i>the</i>	50	10	30	0050
Keir Hardie Estate Tarling Road	0540	0600	0620	0640	0700		1923	1936	1951	2006	2017	2034	<i>hour</i>	54	14	34	0054
Canning Town Station ⇌ ⇌ DLR	0543	0603	0623	0643	0703		1926	1939	1954	2009	2020	2037		57	17	37	0057

Saturday (also Good Friday)

Ilford Hainault Street	0535	0555	0615	0635	0655	0715	0735	0750	0805	0820	0835	0845	0855		1835	1848	1903
Ilford Broadway High Road ⇌	0536	0556	0616	0636	0656	0716	0736	0751	0806	0821	0836	0846	0856		1837	1850	1905
Church Road Little Ilford Lane	0542	0602	0622	0642	0702	0723	0743	0758	0813	0828	0843	0853	0903		1845	1858	1913
East Ham Station ⇌	0547	0607	0627	0647	0707	0728	0748	0803	0818	0833	0848	0858	0908	<i>Then</i>	1852	1905	1919
East Ham Ron Leighton Way	0550	0610	0630	0650	0710	0731	0751	0806	0821	0836	0851	0901	0913	<i>about every</i>	1856	1908	1922
Upton Park Boleyn	0553	0613	0633	0653	0714	0735	0755	0810	0825	0840	0855	0905	0918	<i>10 minutes</i>	1901	1913	1927
Plaistow Greengate	0556	0616	0636	0656	0717	0738	0758	0813	0828	0843	0858	0909	0922	<i>until</i>	1905	1917	1931
Prince Regent Station DLR	0602	0622	0642	0702	0723	0744	0804	0819	0834	0849	0904	0917	0930		1911	1923	1937
Keir Hardie Estate Tarling Road	0606	0626	0646	0706	0727	0748	0808	0823	0838	0853	0908	0921	0934		1915	1927	1941
Canning Town Station ⇌ ⇌ DLR	0609	0629	0649	0709	0730	0751	0811	0826	0841	0856	0911	0924	0937		1918	1930	1944

Ilford Hainault Street	1918	1937	1957			17	37	57			0017						
Ilford Broadway High Road ⇌	1920	1939	1959	<i>Then</i>		19	39	59			0019						
Church Road Little Ilford Lane	1927	1946	2006	<i>every</i>		26	46	06			0026						
East Ham Station ⇌	1933	1952	2012	<i>20 minutes,</i>		32	52	12			0032						
East Ham Ron Leighton Way	1936	1955	2015	<i>at these</i>		35	55	15	<i>until</i>		0035						
Upton Park Boleyn	1941	2000	2020	<i>minutes</i>		40	00	20			0040						
Plaistow Greengate	1945	2004	2024	<i>past</i>		44	04	24			0044						
Prince Regent Station DLR	1951	2010	2030	<i>the</i>		50	10	30			0050						
Keir Hardie Estate Tarling Road	1955	2014	2034	<i>hour</i>		54	14	34			0054						
Canning Town Station ⇌ ⇌ DLR	1958	2017	2037			57	17	37			0057						

Sunday and other Public Holidays

Ilford Hainault Street	0629	0649		09	29	49			0909	0927	0944	0958	1011	1024	1037	1052	1107	1122	1137
Ilford Broadway High Road ⇌	0630	0650	<i>Then</i>	10	30	50			0910	0928	0945	0959	1012	1025	1039	1054	1109	1124	1139
Church Road Little Ilford Lane	0635	0655	<i>every</i>	15	35	55			0915	0933	0950	1006	1020	1034	1049	1104	1119	1134	1149
East Ham Station ⇌	0640	0700	<i>20 minutes,</i>	20	40	00			0920	0938	0956	1012	1027	1042	1057	1112	1127	1142	1157
East Ham Ron Leighton Way	0642	0702	<i>at these</i>	22	42	02	<i>until</i>		0922	0940	0959	1015	1030	1047	1102	1117	1132	1147	1202
Upton Park Boleyn	0645	0705	<i>minutes</i>	25	45	05			0925	0944	1003	1019	1035	1052	1107	1122	1137	1152	1207
Plaistow Greengate	0648	0708	<i>past</i>	28	48	08			0928	0947	1007	1024	1040	1057	1112	1127	1142	1157	1212
Prince Regent Station DLR	0653	0713	<i>the</i>	33	53	13			0933	0953	1013	1031	1048	1105	1120	1135	1150	1205	1220
Keir Hardie Estate Tarling Road	0657	0717	<i>hour</i>	37	57	17			0937	0957	1017	1035	1052	1109	1124	1139	1154	1209	1224
Canning Town Station ⇌ ⇌ DLR	0700	0720		40	00	20			0940	1000	1020	1038	1055	1112	1127	1142	1157	1212	1227

Ilford Hainault Street	1152			07	27	37	52		1607	1622	1637	1652	1707	1722	1737	1757	1817	1837	1857
Ilford Broadway High Road ⇌	1154	<i>Then</i>		09	24	39	54		1609	1624	1639	1654	1709	1724	1739	1759	1819	1839	1859
Church Road Little Ilford Lane	1204	<i>every</i>		19	34	49	04		1619	1634	1649	1704	1719	1733	1747	1807	1827	1847	1907
East Ham Station ⇌	1212	<i>15 minutes,</i>		27	42	57	12		1627	1642	1657	1712	1726	1740	1754	1814	1834	1854	1913
East Ham Ron Leighton Way	1217	<i>at these</i>		32	47	02	17	<i>until</i>	1632	1647	1702	1717	1730	1744	1758	1818	1838	1858	1916
Upton Park Boleyn	1222	<i>minutes</i>		37	52	07	22		1637	1652	1707	1722	1735	1749	1803	1823	1843	1903	1921
Plaistow Greengate	1227	<i>past</i>		42	57	12	27		1642	1657	1712	1726	1739	1753	1807	1827	1847	1907	1925
Prince Regent Station DLR	1235	<i>the</i>		50	05	20	35		1650	1705	1720	1733	1746	1800	1814	1834	1854	1913	1931
Keir Hardie Estate Tarling Road	1239	<i>hour</i>		54	09	24	39		1654	1709	1724	1737	1750	1804	1818	1838	1858	1917	1935
Canning Town Station ⇌ ⇌ DLR	1242			57	12	27	42		1657	1712	1727	1740	1753	1807	1821	1841	1901	1920	1938

Ilford Hainault Street	1917	1937	1957			17	37	57			0017								
Ilford Broadway High Road ⇌	1919	1939	1959	<i>Then</i>		19	39	59			0019								
Church Road Little Ilford Lane	1926	1946	2006	<i>every</i>		26	46	06			0026								
East Ham Station ⇌	1932	1952	2012	<i>20 minutes,</i>		32	52	12			0032								
East Ham Ron Leighton Way	1935	1955	2015	<i>at these</i>		35	55	15	<i>until</i>		0035								
Upton Park Boleyn	1940	2000	2020	<i>minutes</i>		40	00	20			0040								
Plaistow Greengate	1944	2004	2024	<i>past</i>		44	04	24			0044								
Prince Regent Station DLR	1950	2010	2030	<i>the</i>		50	10	30			0050								
Keir Hardie Estate Tarling Road	1954	2014	2034	<i>hour</i>		54	14	34			0054								
Canning Town Station ⇌ ⇌ DLR	1957	2017	2037			57	17	37			0057								