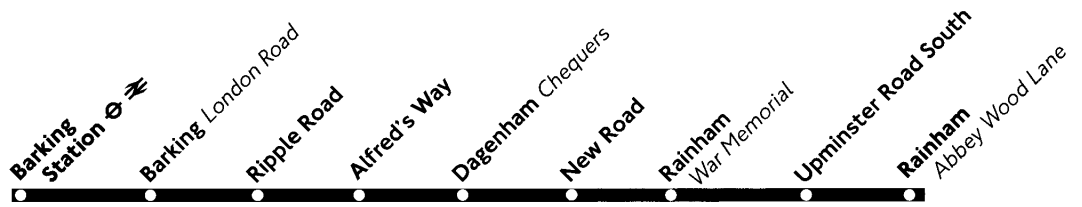


Daily



Monday - Friday

| | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Barking Station | 0530 | 0600 | 0620 | 0638 | 0653 | 0708 | 0723 | 0738 | 0753 | 0808 | 0823 | 0838 | 0853 | 0908 | 0923 | 0938 | 0953 | 1008 |
| Barking London Road | 0532 | 0602 | 0622 | 0640 | 0655 | 0711 | 0726 | 0741 | 0756 | 0811 | 0826 | 0841 | 0856 | 0911 | 0926 | 0941 | 0956 | 1010 |
| Ripple Road Thatched House | 0539 | 0609 | 0629 | 0647 | 0703 | 0719 | 0734 | 0749 | 0804 | 0819 | 0834 | 0849 | 0904 | 0919 | 0934 | 0949 | 1004 | 1018 |
| Dagenham Chequers | 0544 | 0614 | 0634 | 0652 | 0710 | 0726 | 0741 | 0756 | 0811 | 0826 | 0841 | 0856 | 0911 | 0926 | 0941 | 0956 | 1011 | 1025 |
| Rainham War Memorial | 0552 | 0622 | 0642 | 0702 | 0722 | 0738 | 0753 | 0808 | 0823 | 0838 | 0853 | 0908 | 0923 | 0938 | 0953 | 1008 | 1022 | 1036 |
| Rainham Abbey Wood Lane | 0600 | 0630 | 0650 | 0710 | 0730 | 0746 | 0801 | 0816 | 0831 | 0846 | 0901 | 0916 | 0931 | 0946 | 1001 | 1016 | 1030 | 1044 |

| | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|------|-------------|--|--|----|----|----|----|-------|------|------|------|------|------|------|------|------|------|
| Barking Station | 1023 | 1038 | 1053 | Then every | | | 08 | 23 | 38 | 53 | | 1408 | 1423 | 1437 | 1451 | 1506 | 1517 | 1529 | 1543 | 1558 |
| Barking London Road | 1025 | 1040 | 1055 | 15 minutes, | | | 10 | 25 | 40 | 55 | | 1410 | 1425 | 1439 | 1453 | 1508 | 1519 | 1531 | 1546 | 1601 |
| Ripple Road Thatched House | 1033 | 1048 | 1103 | at these | | | 18 | 33 | 48 | 03 | until | 1418 | 1433 | 1447 | 1501 | 1517 | 1529 | 1541 | 1556 | 1611 |
| Dagenham Chequers | 1040 | 1055 | 1110 | minutes | | | 25 | 40 | 55 | 10 | | 1425 | 1440 | 1454 | 1509 | 1525 | 1538 | 1553 | 1608 | 1623 |
| Rainham War Memorial | 1051 | 1106 | 1121 | past the | | | 36 | 51 | 06 | 21 | | 1436 | 1451 | 1506 | 1521 | 1536 | 1551 | 1606 | 1621 | 1636 |
| Rainham Abbey Wood Lane | 1059 | 1114 | 1129 | hour | | | 44 | 59 | 14 | 29 | | 1444 | 1459 | 1514 | 1529 | 1544 | 1559 | 1614 | 1629 | 1644 |

| | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Barking Station | 1613 | 1628 | 1643 | 1658 | 1713 | 1728 | 1743 | 1758 | 1813 | 1828 | 1843 | 1858 | 1915 | 1932 | 1949 | 2009 | 2029 | 2049 |
| Barking London Road | 1616 | 1631 | 1646 | 1701 | 1716 | 1731 | 1746 | 1801 | 1816 | 1831 | 1846 | 1901 | 1917 | 1934 | 1951 | 2011 | 2031 | 2051 |
| Ripple Road Thatched House | 1626 | 1641 | 1656 | 1711 | 1726 | 1741 | 1756 | 1811 | 1826 | 1839 | 1854 | 1909 | 1924 | 1941 | 1958 | 2018 | 2038 | 2058 |
| Dagenham Chequers | 1638 | 1653 | 1708 | 1723 | 1738 | 1753 | 1808 | 1823 | 1838 | 1850 | 1904 | 1916 | 1930 | 1947 | 2004 | 2024 | 2044 | 2104 |
| Rainham War Memorial | 1651 | 1706 | 1721 | 1736 | 1751 | 1806 | 1821 | 1836 | 1848 | 1900 | 1912 | 1924 | 1938 | 1955 | 2012 | 2032 | 2052 | 2112 |
| Rainham Abbey Wood Lane | 1659 | 1714 | 1729 | 1744 | 1759 | 1814 | 1829 | 1844 | 1856 | 1908 | 1920 | 1932 | 1946 | 2003 | 2020 | 2040 | 2100 | 2020 |

| | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|------|-------------|--|--|----|----|----|-------|------|------|------|--|--|--|--|--|
| Barking Station | 2109 | 2129 | 2149 | Then every | | | 09 | 29 | 49 | | 2309 | 2329 | 2349 | | | | | |
| Barking London Road | 2111 | 2131 | 2151 | 20 minutes, | | | 11 | 31 | 51 | | 2311 | 2331 | 2351 | | | | | |
| Ripple Road Thatched House | 2118 | 2138 | 2158 | at these | | | 18 | 38 | 58 | until | 2318 | 2338 | 2358 | | | | | |
| Dagenham Chequers | 2124 | 2144 | 2204 | minutes | | | 24 | 44 | 04 | | 2324 | 2344 | 0004 | | | | | |
| Rainham War Memorial | 2132 | 2152 | 2212 | past the | | | 32 | 52 | 12 | | 2332 | 2352 | 0012 | | | | | |
| Rainham Abbey Wood Lane | 2140 | 2200 | 2220 | hour | | | 40 | 00 | 20 | | 2340 | 2400 | 0020 | | | | | |

Saturday (also Good Friday)

| | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|------|------|------|------|------|------|------|------|------|------|-------------|--|--|----|----|----|----|-------|------|
| Barking Station | 0530 | 0600 | 0620 | 0640 | 0700 | 0720 | 0740 | 0758 | 0813 | 0827 | 0842 | 0857 | Then every | | | 12 | 27 | 42 | 57 | 1712 | |
| Barking London Road | 0532 | 0602 | 0622 | 0642 | 0702 | 0722 | 0742 | 0800 | 0815 | 0829 | 0844 | 0859 | 15 minutes, | | | 14 | 29 | 44 | 59 | 1714 | |
| Ripple Road Thatched House | 0537 | 0607 | 0627 | 0647 | 0707 | 0727 | 0747 | 0806 | 0822 | 0837 | 0852 | 0907 | at these | | | 22 | 37 | 52 | 07 | until | 1722 |
| Dagenham Chequers | 0542 | 0612 | 0632 | 0652 | 0712 | 0732 | 0752 | 0811 | 0829 | 0844 | 0859 | 0914 | minutes | | | 29 | 44 | 59 | 14 | 1729 | |
| Rainham War Memorial | 0550 | 0620 | 0640 | 0700 | 0720 | 0740 | 0800 | 0820 | 0840 | 0855 | 0910 | 0925 | past the | | | 40 | 55 | 10 | 25 | 1740 | |
| Rainham Abbey Wood Lane | 0558 | 0628 | 0648 | 0708 | 0728 | 0748 | 0808 | 0828 | 0848 | 0903 | 0918 | 0933 | hour | | | 48 | 03 | 18 | 33 | 1748 | |

| | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|------|------|------|------|-------------|--|--|----|----|----|-------|------|------|------|--|--|
| Barking Station | 1727 | 1742 | 1757 | 1812 | 1829 | 1849 | Then every | | | 09 | 29 | 49 | 2309 | 2329 | 2349 | | | |
| Barking London Road | 1729 | 1744 | 1759 | 1814 | 1831 | 1851 | 20 minutes, | | | 11 | 31 | 51 | 2311 | 2331 | 2351 | | | |
| Ripple Road Thatched House | 1737 | 1752 | 1807 | 1821 | 1838 | 1858 | at these | | | 18 | 38 | 58 | until | 2318 | 2338 | 2358 | | |
| Dagenham Chequers | 1744 | 1759 | 1813 | 1827 | 1844 | 1904 | minutes | | | 24 | 44 | 04 | 2324 | 2344 | 0004 | | | |
| Rainham War Memorial | 1755 | 1810 | 1821 | 1835 | 1852 | 1912 | past the | | | 32 | 52 | 12 | 2332 | 2352 | 0012 | | | |
| Rainham Abbey Wood Lane | 1803 | 1818 | 1829 | 1843 | 1900 | 1920 | hour | | | 40 | 00 | 20 | 2340 | 2400 | 0020 | | | |

Sunday and other Public Holidays

| | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|------|------|------|------|------|------|------|-------------|--|--|----|----|----|-------|------|------|------|------|
| Barking Station | 0630 | 0700 | 0730 | 0800 | 0830 | 0848 | 0908 | 0928 | 0948 | Then every | | | 08 | 28 | 48 | 1708 | 1729 | 1749 | 1809 | |
| Barking London Road | 0632 | 0702 | 0732 | 0802 | 0832 | 0850 | 0910 | 0930 | 0950 | 20 minutes, | | | 10 | 30 | 50 | 1710 | 1731 | 1751 | 1811 | |
| Ripple Road Thatched House | 0636 | 0706 | 0736 | 0806 | 0836 | 0855 | 0916 | 0938 | 0958 | at these | | | 18 | 38 | 58 | until | 1718 | 1738 | 1758 | 1818 |
| Dagenham Chequers | 0640 | 0710 | 0740 | 0810 | 0840 | 0901 | 0922 | 0944 | 1004 | minutes | | | 24 | 44 | 04 | 1724 | 1744 | 1804 | 1824 | |
| Rainham War Memorial | 0647 | 0717 | 0747 | 0817 | 0847 | 0909 | 0930 | 0952 | 1012 | past the | | | 32 | 52 | 12 | 1732 | 1752 | 1812 | 1832 | |
| Rainham Abbey Wood Lane | 0654 | 0724 | 0754 | 0824 | 0854 | 0916 | 0938 | 1000 | 1020 | hour | | | 40 | 00 | 20 | 1740 | 1800 | 1820 | 1840 | |

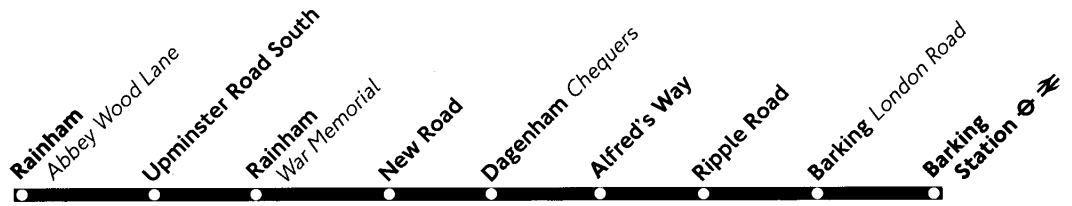
| | | | | | | | | | | | | | | | | | |
|-----------------------------------|------|------|-------------|--|--|----|----|----|-------|------|------|------|--|--|--|--|--|
| Barking Station | 1829 | 1849 | Then every | | | 09 | 29 | 49 | 2309 | 2329 | 2349 | | | | | | |
| Barking London Road | 1831 | 1851 | 20 minutes, | | | 11 | 31 | 51 | 2311 | 2331 | 2351 | | | | | | |
| Ripple Road Thatched House | 1838 | 1858 | at these | | | 18 | 38 | 58 | until | 2318 | 2338 | 2358 | | | | | |
| Dagenham Chequers | 1844 | 1904 | minutes | | | 24 | 44 | 04 | 2324 | 2344 | 0004 | | | | | | |
| Rainham War Memorial | 1852 | 1912 | past the | | | 32 | 52 | 12 | 2332 | 2352 | 0012 | | | | | | |
| Rainham Abbey Wood Lane | 1900 | 1920 | hour | | | 40 | 00 | 20 | 2340 | 2400 | 0020 | | | | | | |



287

Rainham - Dagenham - Barking

Daily



Monday - Friday

| | | | | | | | | | | | | | | | | | | |
|----------------------------|------|------|------|------|-------------|-------------|------|------|-------|------|-------|------|------|------|------|------|------|------|
| Rainham Abbey Wood Lane | 0527 | 0557 | 0610 | 0623 | 0636 | 0646 | 0656 | 0708 | 0721 | 0736 | 0751 | 0806 | 0821 | 0836 | 0851 | 0906 | 0921 | 0936 |
| Rainham War Memorial | 0535 | 0605 | 0618 | 0631 | 0644 | 0655 | 0705 | 0718 | 0732 | 0747 | 0802 | 0817 | 0832 | 0847 | 0902 | 0917 | 0932 | 0947 |
| Dagenham Chequers | 0542 | 0612 | 0625 | 0638 | 0651 | 0702 | 0714 | 0727 | 0741 | 0756 | 0811 | 0826 | 0841 | 0856 | 0911 | 0926 | 0941 | 0956 |
| Ripple Road Thatched House | 0547 | 0617 | 0632 | 0646 | 0700 | 0715 | 0727 | 0740 | 0754 | 0809 | 0824 | 0839 | 0854 | 0909 | 0924 | 0939 | 0954 | 1009 |
| Barking London Road | 0553 | 0623 | 0638 | 0653 | 0708 | 0723 | 0736 | 0750 | 0804 | 0819 | 0834 | 0849 | 0904 | 0919 | 0934 | 0949 | 1004 | 1019 |
| Barking Station | 0555 | 0625 | 0640 | 0655 | 0710 | 0725 | 0739 | 0753 | 0807 | 0822 | 0837 | 0952 | 0907 | 0922 | 0937 | 0952 | 1007 | 1021 |
| Rainham Abbey Wood Lane | 0951 | 1006 | 1021 | 1036 | 1051 | Then every | 06 | 21 | 36 | 51 | | 1706 | 1721 | 1736 | 1751 | 1806 | 1821 | 1836 |
| Rainham War Memorial | 1002 | 1015 | 1029 | 1044 | 1059 | 15 minutes, | 14 | 29 | 44 | 59 | | 1714 | 1729 | 1744 | 1759 | 1814 | 1829 | 1844 |
| Dagenham Chequers | 1012 | 1025 | 1039 | 1054 | 1109 | at these | 24 | 39 | 54 | 09 | until | 1724 | 1739 | 1754 | 1809 | 1824 | 1839 | 1854 |
| Ripple Road Thatched House | 1022 | 1035 | 1048 | 1103 | 1118 | minutes | 33 | 48 | 03 | 18 | | 1733 | 1748 | 1803 | 1818 | 1833 | 1848 | 1902 |
| Barking London Road | 1032 | 1045 | 1058 | 1113 | 1128 | past the | 43 | 58 | 13 | 28 | | 1743 | 1758 | 1813 | 1828 | 1841 | 1857 | 1910 |
| Barking Station | 1034 | 1047 | 1100 | 1115 | 1130 | hour | 45 | 00 | 15 | 30 | | 1745 | 1800 | 1815 | 1830 | 1843 | 1859 | 1912 |
| Rainham Abbey Wood Lane | 1851 | 1906 | 1925 | 1945 | Then every | 05 | 25 | 45 | | 0005 | | | | | | | | |
| Rainham War Memorial | 1859 | 1914 | 1933 | 1953 | 20 minutes, | 13 | 33 | 53 | | 0013 | | | | | | | | |
| Dagenham Chequers | 1909 | 1922 | 1941 | 2001 | at these | 21 | 41 | 01 | until | 0021 | | | | | | | | |
| Ripple Road Thatched House | 1915 | 1928 | 1947 | 2007 | minutes | 27 | 47 | 07 | | 0027 | | | | | | | | |
| Barking London Road | 1923 | 1936 | 1955 | 2015 | past the | 35 | 55 | 15 | | 0035 | | | | | | | | |
| Barking Station | 1925 | 1938 | 1957 | 2017 | hour | 37 | 57 | 17 | | 0037 | | | | | | | | |

Saturday (also Good Friday)

| | | | | | | | | | | | | | | | | | | |
|----------------------------|------|------|------|------|------|------|------|------|------|-------------|------|------|-------------|-------|----|----|----|-------|
| Rainham Abbey Wood Lane | 0527 | 0557 | 0617 | 0637 | 0657 | 0717 | 0737 | 0757 | 0814 | 0824 | 0839 | 0854 | Then every | 09 | 24 | 39 | 54 | 1709 |
| Rainham War Memorial | 0535 | 0605 | 0625 | 0645 | 0705 | 0725 | 0745 | 0805 | 0822 | 0832 | 0847 | 0902 | 15 minutes, | 17 | 32 | 47 | 02 | 1717 |
| Dagenham Chequers | 0543 | 0613 | 0633 | 0653 | 0713 | 0733 | 0753 | 0813 | 0830 | 0842 | 0857 | 0912 | at these | 27 | 42 | 57 | 12 | until |
| Ripple Road Thatched House | 0548 | 0618 | 0638 | 0658 | 0718 | 0738 | 0758 | 0818 | 0835 | 0851 | 0906 | 0921 | minutes | 36 | 51 | 06 | 21 | 1736 |
| Barking London Road | 0555 | 0625 | 0645 | 0705 | 0725 | 0745 | 0805 | 0825 | 0845 | 0901 | 0916 | 0931 | past the | 46 | 01 | 16 | 31 | 1746 |
| Barking Station | 0557 | 0627 | 0647 | 0707 | 0727 | 0747 | 0807 | 0827 | 0847 | 0903 | 0918 | 0933 | hour | 48 | 03 | 18 | 33 | 1748 |
| Rainham Abbey Wood Lane | 1724 | 1739 | 1754 | 1809 | 1825 | 1848 | 1905 | 1925 | 1945 | Then every | 05 | 25 | 45 | | | | | 0005 |
| Rainham War Memorial | 1732 | 1747 | 1802 | 1817 | 1833 | 1856 | 1913 | 1933 | 1953 | 20 minutes, | 13 | 33 | 53 | | | | | 0013 |
| Dagenham Chequers | 1742 | 1757 | 1810 | 1825 | 1841 | 1904 | 1921 | 1941 | 2001 | at these | 21 | 41 | 01 | until | | | | 0021 |
| Ripple Road Thatched House | 1751 | 1806 | 1816 | 1831 | 1847 | 1910 | 1927 | 1947 | 2007 | minutes | 27 | 47 | 07 | | | | | 0027 |
| Barking London Road | 1801 | 1814 | 1824 | 1839 | 1855 | 1918 | 1935 | 1955 | 2015 | past the | 35 | 55 | 15 | | | | | 0035 |
| Barking Station | 1803 | 1816 | 1826 | 1841 | 1857 | 1920 | 1937 | 1957 | 2017 | hour | 37 | 57 | 17 | | | | | 0037 |

Sunday and other Public Holidays

| | | | | | | | | | | | | | | | | | | |
|----------------------------|------|------|------|------|------|------|------|------|-------------|----|----|----|-------|--|--|--|--|------|
| Rainham Abbey Wood Lane | 0658 | 0728 | 0758 | 0828 | 0851 | 0905 | 0925 | 0945 | Then every | 05 | 25 | 45 | | | | | | 0005 |
| Rainham War Memorial | 0705 | 0735 | 0805 | 0835 | 0858 | 0913 | 0933 | 0953 | 20 minutes, | 13 | 33 | 53 | | | | | | 0013 |
| Dagenham Chequers | 0712 | 0742 | 0812 | 0842 | 0905 | 0921 | 0941 | 1001 | at these | 21 | 41 | 01 | until | | | | | 0021 |
| Ripple Road Thatched House | 0716 | 0746 | 0816 | 0846 | 0909 | 0927 | 0947 | 1007 | minutes | 27 | 47 | 07 | | | | | | 0027 |
| Barking London Road | 0722 | 0752 | 0822 | 0852 | 0915 | 0935 | 0955 | 1015 | past the | 35 | 55 | 15 | | | | | | 0035 |
| Barking Station | 0724 | 0754 | 0824 | 0854 | 0917 | 0937 | 0957 | 1017 | hour | 37 | 57 | 17 | | | | | | 0037 |

31.3.03 T4779T

