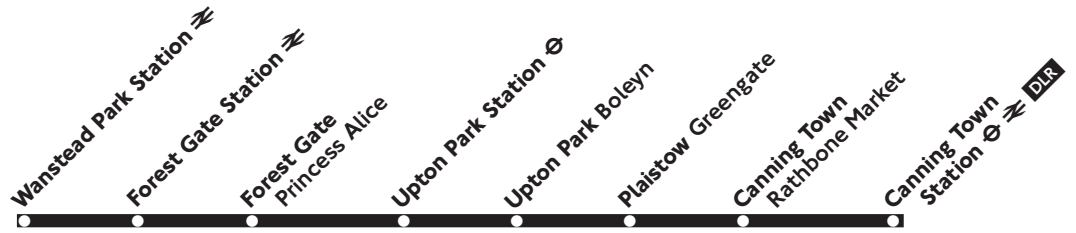


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Wanstead Park - Plaistow - Canning Town

Daily



Monday - Friday

Wanstead Park Station ⇌	0455	0515	0535		1905	1919	1934	1949	2004	2024	2044	2104	2122	2140	2200	2220	2240
Forest Gate Princess Alice	0457	0517	0537	Then	1908	1922	1937	1952	2007	2027	2047	2107	2125	2143	2203	2223	2243
Upton Park Station	0502	0522	0542	about	1918	1932	1946	2000	2015	2035	2055	2113	2131	2149	2209	2229	2249
Upton Park Boleyn	0503	0523	0543	every	1921	1934	1948	2002	2017	2037	2057	2115	2133	2151	2211	2231	2251
Plaistow Greengate	0506	0526	0546	12 minutes	1925	1938	1952	2006	2021	2041	2100	2118	2136	2154	2214	2234	2254
Canning Town Rathbone Market	0510	0530	0550	until	1931	1944	1957	2011	2026	2046	2104	2122	2140	2158	2218	2238	2258
Canning Town Station	0512	0532	0552		1933	1946	1959	2013	2028	2048	2106	2124	2142	2200	2220	2240	2300
Wanstead Park Station ⇌	2300	2320	2343	0005													
Forest Gate Princess Alice	2303	2323	2346	0008													
Upton Park Station	2309	2329	2352	0014													
Upton Park Boleyn	2311	2331	2354	0016													
Plaistow Greengate	2314	2334	2357	0019													
Canning Town Rathbone Market	2318	2338	0001	0023													
Canning Town Station	2320	2340	0003	0025													

Saturday (also Good Friday)

Wanstead Park Station ⇌	0455	0515	0535	0555	0615	0635	0655	0715	0735	0755	0810	0825	0840	0852	0904		1835
Forest Gate Princess Alice	0457	0517	0537	0557	0617	0637	0657	0717	0737	0757	0812	0827	0842	0854	0907	Then	1838
Upton Park Station	0502	0522	0542	0602	0622	0643	0703	0723	0743	0803	0818	0833	0848	0901	0916	about	1850
Upton Park Boleyn	0503	0523	0543	0603	0624	0645	0705	0725	0745	0805	0820	0835	0850	0903	0918	every	1853
Plaistow Greengate	0506	0526	0546	0606	0627	0648	0708	0728	0748	0808	0823	0838	0853	0907	0922	12 minutes	1857
Canning Town Rathbone Market	0510	0530	0550	0611	0632	0653	0713	0733	0753	0813	0828	0843	0858	0913	0928	until	1903
Canning Town Station	0512	0532	0552	0613	0634	0655	0715	0735	0755	0815	0830	0845	0900	0915	0930		1905
Wanstead Park Station ⇌	1849	1904	1924	1944	2004	2024	2044	2104	2122	2140	2200	2220	2240	2300	2320	2343	0005
Forest Gate Princess Alice	1852	1907	1927	1947	2007	2027	2047	2107	2125	2143	2203	2223	2243	2303	2323	2346	0008
Upton Park Station	1904	1919	1937	1955	2015	2035	2055	2113	2131	2149	2209	2229	2249	2309	2329	2352	0014
Upton Park Boleyn	1907	1922	1939	1957	2017	2037	2057	2115	2133	2151	2211	2231	2251	2311	2331	2354	0016
Plaistow Greengate	1911	1926	1943	2001	2021	2041	2100	2118	2136	2154	2214	2234	2254	2314	2334	2357	0019
Canning Town Rathbone Market	1917	1932	1948	2006	2026	2046	2104	2122	2140	2158	2218	2238	2258	2318	2338	0001	0023
Canning Town Station	1919	1934	1950	2008	2028	2048	2106	2124	2142	2200	2220	2240	2300	2320	2340	0003	0025

Sunday and other Public Holidays

Wanstead Park Station ⇌	0558	0628	0658	0727	0756	0826	0856	0926	0945	1004	1023	1042	1059	Then	19	39	59	1719
Forest Gate Princess Alice	0600	0630	0700	0729	0758	0828	0858	0928	0947	1007	1026	1045	1102	every	22	42	02	1722
Upton Park Station	0605	0635	0705	0734	0804	0834	0904	0934	0955	1016	1036	1055	1113	20 mins,	33	53	13	1733
Upton Park Boleyn	0606	0636	0706	0736	0806	0836	0906	0936	0957	1018	1038	1057	1116	at these	36	56	16	until 1736
Plaistow Greengate	0609	0639	0709	0739	0809	0839	0909	0939	1000	1021	1041	1100	1120	minutes	40	00	20	1740
Canning Town Rathbone Market	0613	0643	0713	0743	0813	0843	0913	0944	1005	1026	1046	1106	1126	past the	46	06	26	1746
Canning Town Station	0615	0645	0715	0745	0815	0845	0915	0946	1007	1028	1048	1108	1128	hour	48	08	28	1748
Wanstead Park Station ⇌	1740	1801	1821	1841	1902	1923	1944	2004	2024	2044	2104	2122	2140	2200	2220	2240	2300	2320
Forest Gate Princess Alice	1743	1804	1824	1844	1905	1926	1947	2007	2027	2047	2107	2125	2143	2203	2223	2243	2303	2323
Upton Park Station	1754	1814	1834	1854	1914	1935	1955	2015	2035	2055	2113	2131	2149	2209	2229	2249	2309	2329
Upton Park Boleyn	1757	1817	1837	1857	1917	1937	1957	2017	2037	2057	2115	2133	2151	2211	2231	2251	2311	2331
Plaistow Greengate	1801	1821	1841	1901	1921	1941	2001	2021	2041	2100	2118	2136	2154	2214	2234	2254	2314	2334
Canning Town Rathbone Market	1806	1826	1846	1906	1926	1946	2006	2026	2046	2104	2122	2140	2158	2218	2238	2258	2318	2338
Canning Town Station	1808	1828	1848	1908	1928	1948	2008	2028	2048	2106	2124	2142	2200	2220	2240	2300	2320	2340
Wanstead Park Station ⇌	2343	0005																
Forest Gate Princess Alice	2346	0008																
Upton Park Station	2352	0014																
Upton Park Boleyn	2354	0016																
Plaistow Greengate	2357	0019																
Canning Town Rathbone Market	0001	0023																
Canning Town Station	0003	0025																

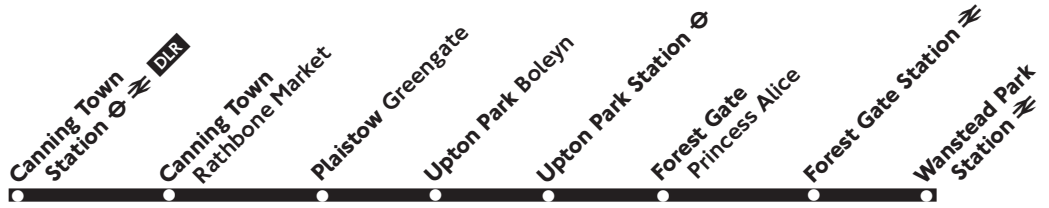
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Canning Town - Plaistow - Wanstead Park

Daily



Monday - Friday

Canning Town Station ⇄ DLR	0530	0545	0600	0615	0630		1855	1910	1925	1940	1955	2015	2035	2055	2115	2135	2155
Canning Town Rathbone Market	0532	0547	0602	0617	0632	Then	1857	1912	1927	1942	1957	2017	2037	2057	2117	2137	2157
Plaistow Greengate	0536	0551	0606	0621	0636	about	1904	1918	1933	1947	2002	2022	2042	2102	2121	2141	2201
Upton Park Boleyn	0538	0553	0608	0623	0638	every	1908	1921	1935	1949	2004	2024	2044	2104	2123	2143	2203
Upton Park Station	0539	0556	0609	0624	0639	12 minutes	1910	1923	1937	1951	2006	2026	2046	2108	2124	2144	2204
Forest Gate Princess Alice	0545	0600	0615	0630	0645	until	1921	1934	1947	2000	2015	2035	2055	2113	2131	2151	2211
Wanstead Park Station	0549	0604	0619	0634	0649		1925	1938	1951	2004	2019	2039	2059	2117	2135	2155	2215
Canning Town Station ⇄ DLR	2215	2235	2255	2315	2335	2355	0015	0035									
Canning Town Rathbone Market	2217	2237	2257	2317	2337	2357	0017	0037									
Plaistow Greengate	2221	2241	2301	2321	2341	0001	0021	0041									
Upton Park Boleyn	2223	2243	2303	2323	2343	0003	0023	0043									
Upton Park Station	2224	2244	2304	2324	2344	0004	0024	0044									
Forest Gate Princess Alice	2231	2251	2311	2331	2351	0011	0031	0051									
Wanstead Park Station	2235	2255	2315	2335	2355	0015	0035	0055									

Saturday (also Good Friday)

Canning Town Station ⇄ DLR	0530	0550	0610	0630	0650	0710	0730	0750	0810	0825	0840	0853		1827	1842	1857	1915
Canning Town Rathbone Market	0532	0552	0612	0632	0652	0712	0732	0752	0815	0827	0842	0855	Then	1829	1844	1859	1917
Plaistow Greengate	0535	0555	0615	0636	0656	0716	0736	0756	0816	0831	0846	0900	about	1835	1850	1905	1923
Upton Park Boleyn	0537	0557	0617	0638	0658	0718	0738	0758	0818	0833	0848	0902	every	1838	1853	1908	1926
Upton Park Station	0538	0558	0618	0639	0659	0719	0739	0759	0819	0834	0849	0904	12 minutes	1841	1856	1911	1929
Forest Gate Princess Alice	0544	0604	0625	0646	0706	0726	0746	0806	0826	0843	0858	0913	until	1853	1908	1923	1941
Wanstead Park Station	0548	0608	0629	0650	0710	0730	0750	0810	0830	0847	0903	0918		1857	1912	1927	1945
Canning Town Station ⇄ DLR	1935	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	
Canning Town Rathbone Market	1937	1957	2017	2037	2057	2117	2137	2157	2217	2237	2257	2317	2337	2357	0017	0037	
Plaistow Greengate	1942	2002	2022	2042	2102	2121	2141	2201	2221	2241	2301	2321	2341	0001	0021	0041	
Upton Park Boleyn	1945	2004	2024	2044	2104	2123	2143	2203	2223	2243	2303	2323	2343	0003	0023	0043	
Upton Park Station	1947	2006	2026	2046	2105	2124	2144	2204	2224	2244	2304	2324	2344	0004	0024	0044	
Forest Gate Princess Alice	1958	2015	2035	2055	2113	2131	2151	2211	2231	2251	2311	2331	2351	0011	0031	0051	
Wanstead Park Station	2002	2019	2039	2059	2117	2135	2155	2215	2235	2255	2315	2335	2355	0015	0035	0055	

Sunday and other Public Holidays

Canning Town Station ⇄ DLR	0624	0654	0724	0752	0822	0852	0920	0940	1000	1020	1040	1058	Then	18	38	58	1718	
Canning Town Rathbone Market	0626	0656	0726	0754	0824	0854	0922	0942	1002	1022	1042	1100	every	20	40	00	1720	
Plaistow Greengate	0629	0659	0729	0758	0828	0858	0926	0946	1007	1027	1047	1106	20 mins,	26	46	06	1726	
Upton Park Boleyn	0631	0701	0731	0800	0830	0900	0928	0948	1010	1030	1050	1110	at these	30	50	10	until 1730	
Upton Park Station	0632	0702	0732	0801	0831	0901	0929	0950	1012	1033	1053	1113	minutes	33	53	13	1733	
Forest Gate Princess Alice	0638	0708	0738	0808	0838	0908	0936	0959	1021	1043	1104	1124	past the	44	04	24	1744	
Wanstead Park Station	0642	0712	0742	0812	0842	0912	0940	1004	1026	1048	1109	1129	hour	49	09	29	1749	
Canning Town Station ⇄ DLR	1738	1758	1817	1836	1855	1915	1935	1955	2015	2035	2055	2115	2135	2155	2215	2235	2255	2315
Canning Town Rathbone Market	1740	1800	1819	1838	1857	1917	1937	1957	2017	2037	2057	2117	2137	2157	2217	2237	2257	2317
Plaistow Greengate	1749	1806	1825	1844	1903	1922	1942	2002	2022	2042	2102	2121	2141	2201	2221	2241	2301	2321
Upton Park Boleyn	1750	1809	1828	1847	1906	1924	1944	2004	2024	2044	2104	2123	2143	2203	2223	2243	2303	2323
Upton Park Station	1753	1812	1831	1850	1909	1926	1946	2006	2026	2046	2105	2124	2144	2204	2224	2244	2304	2324
Forest Gate Princess Alice	1804	1822	1841	1900	1918	1935	1955	2015	2035	2055	2113	2131	2151	2211	2231	2251	2311	2331
Wanstead Park Station	1808	1826	1845	1904	1922	1939	1959	2019	2039	2059	2117	2135	2155	2215	2235	2255	2315	2335
Canning Town Station ⇄ DLR	2335	2355	0015	0035														
Canning Town Rathbone Market	2337	2357	0017	0037														
Plaistow Greengate	2341	0001	0021	0041														
Upton Park Boleyn	2343	0003	0023	0043														
Upton Park Station	2344	0004	0024	0044														
Forest Gate Princess Alice	2351	0011	0031	0051														
Wanstead Park Station	2355	0015	0035	0055														

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