

# 372

## Hornchurch - Rainham - Lakeside

Daily



### Monday - Friday

<b>Hornchurch Town Centre</b>	<b>0615</b>	<b>0650</b>	<b>0720</b>	<b>0750</b>	<i>Then</i>	20	50			<b>1420</b>	<b>1450</b>	<b>1520</b>	<b>1550</b>	<b>1620</b>
<b>Elm Park Station</b>	<b>0620</b>	<b>0655</b>	<b>0726</b>	<b>0757</b>	<i>every</i>	27	57			<b>1427</b>	<b>1457</b>	<b>1527</b>	<b>1557</b>	<b>1627</b>
<b>Rainham Tesco</b>	<b>0631</b>	<b>0706</b>	<b>0738</b>	<b>0810</b>	<i>30 minutes,</i>	40	10			<b>1440</b>	<b>1510</b>	<b>1541</b>	<b>1612</b>	<b>1642</b>
<b>Wennington Green</b>	<b>0636</b>	<b>0711</b>	<b>0744</b>	<b>0816</b>	<i>at these</i>	46	16	<i>until</i>		<b>1446</b>	<b>1516</b>	<b>1547</b>	<b>1618</b>	<b>1648</b>
<b>Aveley High Street (Library)</b>	<b>0639</b>	<b>0715</b>	<b>0747</b>	<b>0819</b>	<i>minutes</i>	49	19			<b>1449</b>	<b>1519</b>	<b>1550</b>	<b>1621</b>	<b>1651</b>
<b>Aveley Hall Road</b>	<b>0642</b>	<b>0718</b>	<b>0751</b>	<b>0823</b>	<i>past the</i>	53	23			<b>1453</b>	<b>1523</b>	<b>1554</b>	<b>1625</b>	<b>1655</b>
<b>Lakeside Shopping Centre</b>	<b>0647</b>	<b>0724</b>	<b>0757</b>	<b>0829</b>	<i>hour</i>	59	29			<b>1459</b>	<b>1529</b>	<b>1600</b>	<b>1631</b>	<b>1701</b>

<b>Hornchurch Town Centre</b>	<b>1650</b>	<b>1720</b>	<b>1750</b>	<b>1820</b>	<b>1850</b>	<b>1920</b>	<b>1950</b>	<b>2020</b>	<b>2100</b>	<b>2200</b>	<b>2300</b>	<b>2400</b>		
<b>Elm Park Station</b>	<b>1657</b>	<b>1727</b>	<b>1757</b>	<b>1826</b>	<b>1856</b>	<b>1926</b>	<b>1956</b>	<b>2025</b>	<b>2105</b>	<b>2205</b>	<b>2305</b>	<b>0005</b>		
<b>Rainham Tesco</b>	<b>1712</b>	<b>1734</b>	<b>1810</b>	<b>1839</b>	<b>1908</b>	<b>1937</b>	<b>2006</b>	<b>2035</b>	<b>2115</b>	<b>2215</b>	<b>2315</b>	<b>0015</b>		
<b>Wennington Green</b>	<b>1718</b>	<b>1747</b>	<b>1816</b>	<b>1845</b>	<b>1914</b>	<b>1943</b>	<b>2012</b>	<b>2040</b>	<b>2120</b>	<b>2220</b>	<b>2320</b>	<b>0020</b>		
<b>Aveley High Street (Library)</b>	<b>1721</b>	<b>1750</b>	<b>1819</b>	<b>1848</b>	<b>1917</b>	<b>1946</b>	<b>2015</b>	<b>2043</b>	<b>2123</b>	<b>2223</b>	<b>2323</b>	<b>0023</b>		
<b>Aveley Hall Road</b>	<b>1725</b>	<b>1754</b>	<b>1823</b>	<b>1852</b>	<b>1920</b>	<b>1949</b>	<b>2018</b>	<b>2046</b>	<b>2126</b>	<b>2226</b>	<b>2326</b>	<b>0026</b>		
<b>Lakeside Shopping Centre</b>	<b>1731</b>	<b>1800</b>	<b>1829</b>	<b>1858</b>	<b>1926</b>	<b>1955</b>	<b>2023</b>	<b>2051</b>	<b>2131</b>	<b>2231</b>	<b>2331</b>	<b>0031</b>		

### Saturday (also Good Friday)

<b>Hornchurch Town Centre</b>	<b>0615</b>	<b>0650</b>	<b>0720</b>	<b>0750</b>	<b>0820</b>	<b>0850</b>	<b>0920</b>	<b>0950</b>	<i>Then</i>	20	50			<b>1720</b>
<b>Elm Park Station</b>	<b>0620</b>	<b>0655</b>	<b>0725</b>	<b>0755</b>	<b>0825</b>	<b>0856</b>	<b>0927</b>	<b>0957</b>	<i>every</i>	27	57			<b>1727</b>
<b>Rainham Tesco</b>	<b>0631</b>	<b>0706</b>	<b>0736</b>	<b>0806</b>	<b>0837</b>	<b>0908</b>	<b>0940</b>	<b>1010</b>	<i>30 minutes,</i>	40	10			<b>1740</b>
<b>Wennington Green</b>	<b>0636</b>	<b>0711</b>	<b>0741</b>	<b>0812</b>	<b>0843</b>	<b>0914</b>	<b>0946</b>	<b>1016</b>	<i>at these</i>	46	16	<i>until</i>		<b>1746</b>
<b>Aveley High Street (Library)</b>	<b>0639</b>	<b>0714</b>	<b>0744</b>	<b>0815</b>	<b>0846</b>	<b>0917</b>	<b>0949</b>	<b>1019</b>	<i>minutes</i>	49	19			<b>1749</b>
<b>Aveley Hall Road</b>	<b>0642</b>	<b>0717</b>	<b>0747</b>	<b>0818</b>	<b>0849</b>	<b>0921</b>	<b>0953</b>	<b>1023</b>	<i>past the</i>	53	23			<b>1752</b>
<b>Lakeside Shopping Centre</b>	<b>0647</b>	<b>0722</b>	<b>0753</b>	<b>0824</b>	<b>0855</b>	<b>0927</b>	<b>0959</b>	<b>1029</b>	<i>hour</i>	59	29			<b>1759</b>

<b>Hornchurch Town Centre</b>	<b>1750</b>	<b>1820</b>	<b>1850</b>	<b>1920</b>	<b>1950</b>	<b>2020</b>	<b>2100</b>	<b>2200</b>	<b>2300</b>	<b>2400</b>				
<b>Elm Park Station</b>	<b>1757</b>	<b>1826</b>	<b>1856</b>	<b>1926</b>	<b>1956</b>	<b>2025</b>	<b>2105</b>	<b>2205</b>	<b>2305</b>	<b>0005</b>				
<b>Rainham Tesco</b>	<b>1810</b>	<b>1839</b>	<b>1908</b>	<b>1937</b>	<b>2006</b>	<b>2035</b>	<b>2115</b>	<b>2215</b>	<b>2315</b>	<b>0015</b>				
<b>Wennington Green</b>	<b>1816</b>	<b>1845</b>	<b>1914</b>	<b>1943</b>	<b>2012</b>	<b>2040</b>	<b>2120</b>	<b>2220</b>	<b>2320</b>	<b>0020</b>				
<b>Aveley High Street (Library)</b>	<b>1819</b>	<b>1848</b>	<b>1917</b>	<b>1946</b>	<b>2015</b>	<b>2043</b>	<b>2123</b>	<b>2223</b>	<b>2323</b>	<b>0023</b>				
<b>Aveley Hall Road</b>	<b>1822</b>	<b>1852</b>	<b>1920</b>	<b>1949</b>	<b>2018</b>	<b>2046</b>	<b>2126</b>	<b>2226</b>	<b>2326</b>	<b>0026</b>				
<b>Lakeside Shopping Centre</b>	<b>1828</b>	<b>1858</b>	<b>1926</b>	<b>1955</b>	<b>2023</b>	<b>2051</b>	<b>2131</b>	<b>2231</b>	<b>2331</b>	<b>0031</b>				

### Sunday and other Public Holidays

<b>Hornchurch Town Centre</b>	<b>0800</b>	<i>Then</i>	00		<b>1600</b>	<b>1700</b>	<b>1800</b>	<b>1900</b>	<i>Then</i>	00				<b>2400</b>
<b>Elm Park Station</b>	<b>0806</b>	<i>every</i>	06		<b>1606</b>	<b>1706</b>	<b>1805</b>	<b>1905</b>	<i>every</i>	05				<b>0005</b>
<b>Rainham Tesco</b>	<b>0817</b>	<i>60 minutes,</i>	17		<b>1617</b>	<b>1717</b>	<b>1816</b>	<b>1915</b>	<i>60 minutes,</i>	15				<b>0015</b>
<b>Wennington Green</b>	<b>0823</b>	<i>at these</i>	23	<i>until</i>	<b>1623</b>	<b>1723</b>	<b>1822</b>	<b>1920</b>	<i>at these</i>	20	<i>until</i>			<b>0020</b>
<b>Aveley High Street (Library)</b>	<b>0826</b>	<i>minutes</i>	26		<b>1626</b>	<b>1726</b>	<b>1825</b>	<b>1923</b>	<i>minutes</i>	23				<b>0023</b>
<b>Aveley Hall Road</b>	<b>0830</b>	<i>past the</i>	30		<b>1630</b>	<b>1729</b>	<b>1828</b>	<b>1926</b>	<i>past the</i>	26				<b>0026</b>
<b>Lakeside Shopping Centre</b>	<b>0836</b>	<i>hour</i>	36		<b>1636</b>	<b>1735</b>	<b>1834</b>	<b>1931</b>	<i>hour</i>	31				<b>0031</b>

29.5.04 T5494O



# 372

## Lakeside - Rainham - Hornchurch

Daily



### Monday - Friday

Lakeside Shopping Centre	0540	0610	0640	0700	0730	Then	00	30		1700	1730	1800	1830
Aveley Hall Road	0546	0616	0646	0706	0736	every	06	36		1706	1736	1806	1836
Aveley High Street (Library)	0548	0618	0649	0709	0739	30 minutes,	09	39		1709	1739	1809	1839
Wennington Green	0552	0622	0653	0714	0744	at these	14	44	until	1714	1744	1814	1843
Rainham Tesco	0557	0627	0659	0721	0752	minutes	22	52		1722	1752	1821	1849
Elm Park Station	0607	0637	0710	0733	0804	past	34	04		1734	1804	1832	1900
Hornchurch Town Centre	0613	0643	0716	0739	0810	the hour	40	10		1740	1810	1838	1905

Lakeside Shopping Centre	1905	2005	2105	2205	2305
Aveley Hall Road	1911	2011	2111	2211	2311
Aveley High Street (Library)	1913	2013	2113	2213	2313
Wennington Green	1917	2017	2117	2217	2317
Rainham Tesco	1923	2023	2123	2223	2323
Elm Park Station	1933	2032	2132	2232	2332
Hornchurch Town Centre	1938	2037	2137	2237	2337

### Saturday (also Good Friday)

Lakeside Shopping Centre	0540	0610	0640	0700	0730	0800	0830	0900	0930	Then	00	30	1800
Aveley Hall Road	0546	0616	0646	0706	0736	0806	0836	0906	0936	every	06	36	1806
Aveley High Street (Library)	0548	0618	0648	0708	0738	0809	0839	0909	0939	30 minutes,	09	39	1809
Wennington Green	0552	0622	0652	0712	0742	0814	0844	0914	0944	at these	14	44	until 1814
Rainham Tesco	0557	0627	0657	0717	0747	0820	0851	0922	0952	minutes	22	52	1822
Elm Park Station	0607	0637	0707	0727	0757	0830	0902	0934	1004	past	34	04	1834
Hornchurch Town Centre	0613	0643	0713	0733	0803	0836	0908	0940	1010	the hour	40	10	1840

Lakeside Shopping Centre	1830	1905	2005	2105	2205	2305
Aveley Hall Road	1836	1911	2011	2111	2211	2311
Aveley High Street (Library)	1839	1913	2013	2113	2213	2313
Wennington Green	1843	1917	2017	2117	2217	2317
Rainham Tesco	1849	1923	2023	2123	2223	2323
Elm Park Station	1900	1933	2032	2132	2232	2332
Hornchurch Town Centre	1905	1938	2037	2137	2237	2337

### Sunday and other Public Holidays

Lakeside Shopping Centre	0805	0905	1005	Then	05		1705	1805	1905	Then	05		2305
Aveley Hall Road	0811	0911	1011	every	11		1711	1811	1911	every	11		2311
Aveley High Street (Library)	0813	0913	1014	60 minutes,	14		1714	1814	1913	60 minutes,	13		2313
Wennington Green	0817	0917	1018	at these	18	until	1718	1818	1917	at these	17	until	2317
Rainham Tesco	0823	0923	1024	minutes	24		1724	1824	1923	minutes	23		2323
Elm Park Station	0833	0933	1035	past the	35		1735	1834	1932	past the	32		2332
Hornchurch Town Centre	0839	0939	1041	hour	41		1741	1839	1937	hour	37		2337

29.5.04 T5494T

